

NOVEMBER BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			<ul style="list-style-type: none"> autumn spice muffin yogurt & cinnamon grahams pineapple juice available 	<ul style="list-style-type: none"> plain bagel & cream cheese string cheese & cinnamon grahams
5	6	7	8	9
<ul style="list-style-type: none"> multigrain cheerios & fruit (df) yogurt & educational snacks 	<ul style="list-style-type: none"> cinnamon crumbles apple crisp granola (vg)(df) 	<ul style="list-style-type: none"> bagel & cheese sandwich blueberry burst muffin 	<ul style="list-style-type: none"> cheerios & fruit cinnamon raisin bagel (vg) orange juice available 	<ul style="list-style-type: none"> mini French toast muffin & string cheese cinnamon grahams & cinnamon rumbles
12	13	14	15	16
<ul style="list-style-type: none"> corn chex & fruit (df) 	<ul style="list-style-type: none"> string cheese & cinnamon grahams cinnamon vanilla crunch granola (vg)(df) 	<ul style="list-style-type: none"> autumn spice muffin plain bagel & cream cheese 	<ul style="list-style-type: none"> blueberry bagel & cream cheese multigrain cheerios & fruit pineapple juice available 	<ul style="list-style-type: none"> cinnamon crumbles yogurt & educational snacks
19	20	21	HAPPY THANKSGIVING! 22	23
<ul style="list-style-type: none"> blueberry crisp granola (vg)(df) honey grahams & cinnamon rumbles 	<ul style="list-style-type: none"> plain bagel & cream cheese apple cinnamon muffin 	<ul style="list-style-type: none"> string cheese & cinnamon grahams apple crisp granola (vg) (df) 		No School
26	27	28	29	30
<ul style="list-style-type: none"> corn chex & fruit 	<ul style="list-style-type: none"> cheerios & fruit (df) cinnamon crumbles 	<ul style="list-style-type: none"> blueberry crisp granola (vg)(df) plain bagel & cream cheese 	<ul style="list-style-type: none"> autumn spice muffin string cheese & cinnamon grahams pineapple juice available 	<ul style="list-style-type: none"> blueberry bagel & cream cheese multigrain cheerios & fruit (df)

DID YOU KNOW?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein!



Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

Breakfast: choice of 1% or fat-free milk; fresh fruit served daily except when fruit juice is offered.

This institution is an equal opportunity provider.