



# DECEMBER BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
<ul style="list-style-type: none"> <li>• string cheese &amp; cinnamon grahams</li> <li>• corn chex &amp; fruit</li> </ul>	<ul style="list-style-type: none"> <li>• cheerios &amp; fruit (vg)(df)</li> <li>• cinnamon crumbles</li> </ul>	<ul style="list-style-type: none"> <li>• bagel &amp; cheese sandwich (vg)</li> <li>• blueberry burst muffin (vg)</li> </ul>	<ul style="list-style-type: none"> <li>• yogurt &amp; educational snacks (vg)</li> <li>• plain bagel &amp; cream cheese (vg)</li> <li>• pineapple juice available</li> </ul>	<ul style="list-style-type: none"> <li>• mini french toast muffin &amp; string cheese</li> <li>• cheerios &amp; fruit (df)</li> </ul>
10	11	12	13	14
<ul style="list-style-type: none"> <li>• string cheese &amp; cinnamon grahams</li> <li>• yogurt &amp; honey grahams (vg)</li> </ul>	<ul style="list-style-type: none"> <li>• apple cinnamon muffin</li> <li>• bagel &amp; cheese sandwich</li> </ul>	<ul style="list-style-type: none"> <li>• blueberry bagel &amp; cream cheese (vg)</li> <li>• corn chex &amp; fruit</li> </ul>	<ul style="list-style-type: none"> <li>• yogurt &amp; educational snacks (vg)</li> <li>• autumn spice muffin</li> <li>• orange juice available</li> </ul>	<ul style="list-style-type: none"> <li>• cinnamon crumbles</li> <li>• multigrain cheerios &amp; fruit (df)</li> </ul>
17	18	19	20	21
<ul style="list-style-type: none"> <li>• cheerios &amp; fruit (df)</li> <li>• honey grahams &amp; cinnamon rumbles</li> </ul>	<ul style="list-style-type: none"> <li>• plain bagel &amp; cream cheese</li> <li>• mini french toast muffin &amp; string cheese</li> </ul>	<ul style="list-style-type: none"> <li>• string cheese &amp; cinnamon grahams</li> <li>• yogurt &amp; granola (vg)</li> </ul>	<ul style="list-style-type: none"> <li>• cinnamon crumbles</li> <li>• corn chex &amp; fruit</li> </ul>	<ul style="list-style-type: none"> <li>• multigrain cheerios &amp; fruit (df)</li> <li>• blueberry burst muffin (vg)</li> </ul>
24	25	26	27	28
		No School	No School	No School
NEW YEAR'S EVE! 31				
No School				

## DID YOU KNOW?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein!



*Don't forget to grab a carton of low-fat or non-fat milk with breakfast!*

**Breakfast:** choice of 1% or fat-free milk; fresh fruit served daily except when fruit juice is offered.