

# August

## Unitized Breakfast K-12

Monday	Tuesday	Wednesday	Thursday	Friday
		<ul style="list-style-type: none"> <li>Dipper Doodle Bar / fruit</li> <li>Yogurt / Cinnamon Grahams / fruit</li> </ul>	<ul style="list-style-type: none"> <li>Breakfast Cinnamon Crumble / fruit</li> <li>Plain bagel w/ cream cheese / fruit</li> </ul>	<ul style="list-style-type: none"> <li>Zee Zees Berry Apple Crisp Bar / fruit</li> <li>French Toast Muffin / fruit</li> </ul>
		1	2	3
<ul style="list-style-type: none"> <li>Cheerios / Mini Dipper Doodle Bar / fruit</li> <li>Zac Omega Bar Strawberry / fruit</li> </ul>	<ul style="list-style-type: none"> <li>Yogurt/ Educational Snacks / fruit</li> <li>Blueberry burst bagel w/ cream cheese / fruit</li> </ul>	<ul style="list-style-type: none"> <li>Apple Cinnamon Muffin &amp; Hard Boiled Egg</li> <li>String Cheese / cinnamon grahams/ fruit</li> </ul>	<ul style="list-style-type: none"> <li>Banana Muffin / fruit</li> <li>Zee Zees Berry Apple Crisp Bar / fruit</li> </ul>	<ul style="list-style-type: none"> <li>Plain bagel w/ cream cheese / fruit</li> <li>Breakfast Cinnamon Crumble / fruit</li> </ul>
6	7	8	9	10
<ul style="list-style-type: none"> <li>Cinnamon Chex / Zac Attack Apple / fruit</li> <li>Dipper Doodle Bar / fruit</li> </ul>	<ul style="list-style-type: none"> <li>Blueberry Muffin / fruit</li> <li>Zac Omega Bar Blackberry / fruit</li> </ul>	<ul style="list-style-type: none"> <li>Breakfast Cinnamon Crumble / fruit</li> <li>Yogurt / Cinnamon Grahams / fruit</li> </ul>	<ul style="list-style-type: none"> <li>Zee Zees Cinnamon Crisp Bar / fruit</li> <li>Plain bagel w/ cream cheese / fruit</li> </ul>	<ul style="list-style-type: none"> <li>French Toast Muffin / fruit</li> <li>Jumpstart Breakfast: Mini Dipper Doodle / string cheese / fruit</li> </ul>
13	14	15	16	17
<ul style="list-style-type: none"> <li>Corn Chex / Mini Dipper Doodle Bar / fruit</li> <li>Zac Omega Bar Strawberry / fruit</li> </ul>	<ul style="list-style-type: none"> <li>Banana Muffin / fruit</li> <li>Yogurt / granola / fruit</li> </ul>	<ul style="list-style-type: none"> <li>Zee Zees Cinnamon Crisp Bar / fruit</li> <li>Plain bagel w/ cream cheese / fruit</li> </ul>	<ul style="list-style-type: none"> <li>Blueberry burst bagel w/ cream cheese / fruit</li> <li>Apple Cinnamon Muffin &amp; Hard Boiled Egg</li> </ul>	<ul style="list-style-type: none"> <li>Breakfast Cinnamon Crumble / fruit</li> <li>Zee Zees Berry Apple Crisp Bar / fruit</li> </ul>
20	21	22	23	24
<ul style="list-style-type: none"> <li>Jumpstart Breakfast: Mini Dipper Doodle / string cheese / fruit</li> <li>Cheerios/ Zac Attack Apple / fruit</li> </ul>	<ul style="list-style-type: none"> <li>Plain bagel w/ cream cheese / fruit</li> <li>Zee Zees Cinnamon Crisp Bar / fruit</li> </ul>	<ul style="list-style-type: none"> <li>Cold Cheesy Bagel Sandwich / fruit</li> <li>Yogurt / Educational Snacks / fruit</li> </ul>	<ul style="list-style-type: none"> <li>Blueberry Muffin / fruit</li> <li>String Cheese / Cinnamon Grahams / fruit</li> </ul>	<ul style="list-style-type: none"> <li>Blueberry burst bagel w/ cream cheese / fruit</li> <li>French Toast Muffin / fruit</li> </ul>
27	28	29	30	31

## Welcome Back!

Celebrate the new school year by trying something new!



Did you know... it can take several tries (sometimes up to 10 or even 20!) to like a new food? **What do you want to try this month?**

Supper: choice of 1% or fat free milk, fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

*This institution is an equal opportunity provider*